

KNOX COUNTY FOOD RESOURCE GUIDE

Food Assistance Programs

- **SNAP** - TN Department of Human Services
2700 Middlebrook Pike, Suite 200. 865-594-6151
Hours: Monday - Friday, 8 a.m. - 4:30 p.m.
- **WIC** - Knox County Health Department
140 Dameron Ave. 865-215-5030
Hours: Monday - Friday, 8 a.m. - 4:30 p.m.
WIC is for women who are pregnant or had a baby in the past 6 months; breastfeeding moms who had a baby in the past 12 months; infants; and children up to age 5.
- **Mobile Meals and Mobile Affordable Meal Service**
Knox County CAC Office on Aging.
2247 Western Ave. 865-524-2786
Mobile Meals has eligibility requirements and an in-home assessment. Must call to complete these for service.

Other Community Resources

- **211**
Dial 211 to reach the Knox County Crisis Hotline and Information Center
- **Compassion Coalition** – Connection Point Call Center connects individuals with the assistance they need.
. 865-251-1591, ext. 1



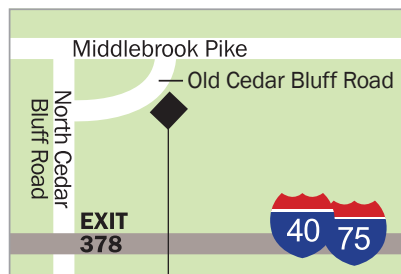
Free Classes

The Knox County Health Department offers free Diabetes Management and Heart Health classes. Use your phone to scan this QR code for more information.



Contact: Community Health

Office: 865-215-5170
Email: nutrition@knoxcounty.org



West Clinic
1028 Old Cedar Bluff Road
865-215-5950



Main Knox County Health Department Office

140 Dameron Avenue
865-215-5000

KCHD 12/05/2023

FOOD PANTRIES



Downtown Food Pantries

- **First Baptist Downtown Fish Pantry**
510 W. Main Street 865-546-9661
First Monday, 9:00 a.m. - 1 p.m.
- **First Presbyterian Church**
620 State Street. 865-938-5889
First Tuesday, 9:00 a.m. - 11:00 a.m.
- **Wesley House**
1719 Reynolds Street
Monday, Wednesday, Thursday, 7:30 a.m. - 11:30 a.m.,
12 p.m. - 4 p.m.
Tuesday, 8:30 a.m. 11:30 a.m., 12 p.m. - 3 p.m.
Friday, 7:30 a.m. - 10 a.m., 1:30 - 4 p.m.
Can schedule appointment, call 865-524-5494

West Knox County Food Pantries

- **Manna House at Cokesbury UMC**
9919 Kingston Pike 865-693-0353
Tuesday, Thursday and Saturday, 9 - 11 a.m. Must
bring photo ID and SS card, immigrant visa or
matricula accepted.
- **Middlebrook Pike UMC Fish Pantry**
7234 Middlebrook Pike 865-523-7900
Fourth Friday, 9 a.m. - noon, or until food runs out
- **Knoxville Dream Center at Parkwest Church**
7635 Middlebrook Pike. 865-688-9636
Thursday, 1:30 p.m.
- **Trinity UMC**
5613 Western Ave.865-588-5763
Wednesday, 10 a.m. - 12 p.m.
- **Knoxville Dream Center at West Lonsdale Baptist Church**
2720 Dayton Street NW 865-688-9636
Monday, 11 a.m.
- **St. Vincent's Food Pantry – All Saints Catholic Parish**
620 N. Cedar Bluff Road 865-474-8618
Second Saturday, 2 - 4 p.m., Fourth Saturday, 10 a.m. - 12
p.m.

North Knox County Food Pantries

- **FISH**
122 W. Scott Ave. 865-971-4000
Tuesday, Thursday and fourth Saturday, 10 a.m. - 1 p.m.
- **Oakland Community Food Bank**
4012 Oakland Drive 865-688-8588
Saturday following the third Monday of the month
10 a.m. - noon, or until food runs out
- **Powell UMC**
323 W. Emory Road865-938-2741
Monday - Friday, 9 - 10 a.m., and
third Saturday, 9 a.m. - 11 a.m.
Proof of address required.
- **Knoxville Dream Center at Park West Church Dutch Valley**
1416 Breda Drive865-688-9636
Tuesday, 11 a.m.

East Knox County Food Pantries

- **Strawberry Plains UMC**
3173 W. Old Andrew Johnson Hwy. 865-933-8583
First and third Thursday, 7 - 8 p.m.
- **FISH Pantry at St. Luke's Episcopal Church**
600 S. Chestnut Street865-522-3474
Monday and Wednesday, 10 a.m. - 1 p.m.
- **Knoxville Dream Center at Overcoming Believers Church**
211 Harriet Tubman Street 865-688-9636
Tuesday, 1 p.m.
- **New Life UMC**
7921 Millertown Pike. 865-546-5153
Fourth Tuesday, 10 a.m. - noon

South Knox County Food Pantries

- **FISH (Sustainable Future Building)**
201 Ogle Street 865-577-9600
Wednesday and Friday, 10 a.m. - 1 p.m.
- **Knoxville Dream Center at Montgomery Village**
4530 Joe Lewis Rd. 865-403-1380
Thursday, 5 p.m.
- **Forward Market**
1520 Willoughby Rd.931-252-4373
Tuesday and Wednesday 8:30 a.m. - 4 p.m.