

*WAIT 18 MONTHS BETWEEN PREGNANCIES*

*for a*

**STRONGER**

**BABY.**



Waiting at least 18 months lowers the risk  
of prematurity in your next pregnancy.

**Visit [StrongBabyKnox.org](http://StrongBabyKnox.org).**

Knox County  
**Health Department**

Every Person. A Healthy Person













